**Session Handouts:** - can be photocopied from book or downloaded

**- Session 1**

**The links between our own emotional growth and the emotional growth of children we work with -** Exercise 2 (p. 54)) – optional to complete at home.

**Holding in Mind comments and gestures** (Box 8, p.102)

Give out **Pupil Profile** to be filled in and presented in session 8

**- Session 4**

**Growing stronger conversations** (Box 18 p. 215)

**Examples of emotionally containing statements** (Box 4, p.68)

**Growing stronger conversations** (Box 18, p.215)

**Some possible *indicators* of ending/transition anxieties** (Box 20, p.2

**Emotionally containing or ego supportive statements** Exercise 3 (p. 74)

**- Session 5**

**Examples of empathic responses to children’s behaviours** (Box 12, p.163)

**Ways you might express curiosity about a child’s puzzling behaviour** (Box 13, p.165)

**Nurturing ‘you statements’** (Box 10, p.133)

**Generalised empathic sentence stems** Box 9, p.191)

**- Session 7**

**Pupil Profile – Things to consider**  - for next time

**- Session 8**

**Pupil Profiles filled in for Sharing**